

OH ! LIFE

Martine Saelens & Sandy Gorez

32 count, 4 wall line dance

Music : **Life** by Des'Ree – Album : Supernatural

WALKS, KICK BALL TOUCH, KICK BALL TOUCH, BIG STEP ¼ TURN TO THE RIGHT

1, 2, 3&4 Walk forward Right, Left, Kick RF forward, Ball step and point LF to the left
5&6, 7, 8 Kick LF forward, Ball step and point RF to the right, Big step RF a ¼ turn to the right (3:00), Step LF next to right

SYNCOPATED VINE, CROSS BEHIND, UNWIND ¾ TURN, TOE SWITCHES

9, 10&11, 12 Syncopated vine to the right finishing weight on RF
13, 14, 15&16 Cross LF behind right, Unwind ¾ turn to the left (6:00) finishing with weight on LF, Touch RF to the right, Step RF next to left and Touch LF to the left

KICK BALL TOUCH, KICK BALL TOUCH, MAMBO STEP, POINT BACK WITH ½ TURN

17&18, 19&20 Kick LF forward, Ball step and point RF to the right, Kick RF forward, Ball step and point LF to the left,
21&22, 23, 24 Mambo Step LF forward, Point right toe back and turn ½ turn right (12:00) while transferring weight on RF

SYNCOPATED VINE, CROSS BEHIND, UNWIND ¾ TURN, TOE SWITCHES

25, 26&27, 28 Syncopated vine to the left finishing weight on LF
29, 30, 31&32 Cross RF behind left, Unwind ¾ turn to the right (9:00) finishing with weight on RF, Touch LF to the left, Step LF next to right and Touch RF to the right.

REPEAT

On the 5th wall, restart the dance after count 8 (you will then be facing 12:00).